

**ATOMIC ENERGY EDUCATION SOCIETY**

**PERIODIC TEST – II (2017-18)**

**Date of Exam -14 Sept. 2017**

**Class: X**

**Max Marks: 40**

**Subject: ENGLISH**

**Time: 1½hrs**

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**SECTION A (READING -10 marks)**

**Read the following passage carefully and answer the questions that follow.**

One of the major reasons why individuals become vulnerable to disease and stress at an early age is the pressure they inflict on themselves in an effort to fulfil their high ambitions or misplaced priorities. We exist today in a competitive world and are compelled to set high standards in needs and ambitions for ourselves. While we should strive to be productive and motivated, it is essential that we balance our output with our necessary wants, and not set unrealistic targets for ourselves. For doing so, in the long term may create physical and emotional problems that would prevent us from enjoying the benefits of our aspirations.

It is fundamentally necessary for our holistic development to re-appraise our aspirations and pursue only firm priorities. Such priorities include firm time allocations for exercise, leisure, family, spiritual inquiry, reading etc. In synergizing these activities along with our work objectives, we will definitely be more focused and productive. More important, we will contribute to our holistic health.

The pressure of living in the contemporary urban environment, linked to our various work commitments, sometimes leads to a lifestyle, wherein we flow along at a very frantic pace. Even housewives in large metros have very busy routines and very little time to nurture themselves. In adopting several holistic techniques to keep our minds, bodies and souls in balance, we should avail ourselves of short holidays every few months. Such sojourns give us the vital opportunity of recharging our energies and taking a break from the continuous pressures of our urban lifestyle, wherein, even just coping with the traffic, is enough to send our blood pressure shooting.

We must always take the initiative of driving out to the countryside for a few days of peace, quiet and meditation. In such situations, a natural healing of the body takes place. Additionally, just breathing air, which has a high oxygen content, every few months, does wonders for our holistic health, and decongests many of the blocks in our '*Chakras*'.

1. (A) On the basis of your reading of the passage, answer the following questions: 2x4=8

- a) What are the reasons of tension and diseases in an individual?
- b) What should we do to be productive and motivated?
- c) How does a natural healing of the body take place?
- d) What is necessary for our holistic development?

(B) Find the word from the passage which means the following: 1x2=2

- a. easily affected.(Para 1)
- b. in a state of panic or worry.(Para 3)

### SECTION B (WRITING & GRAMMAR-15 marks)

2. You are Nirmala/Rahul from Rajasthan. You have been worried recently by the reported malaria deaths in the state. Then you see the pamphlet on dengue. Write a letter to the editor of a prominent national daily on the need for care and vigil so as to ensure that the disease does not take a greater toll of human lives. You may refer to the Unit-1 on 'Health and Medicine'. Write your letter in not more than 100 words. 1x4=4

3. Write a story in about 100-150 words by continuing the following: 1x5=5

I jumped out of the bed at midnight....

Hints: ran to the road – house next door on fire – fire engines arrive – police – firemen save a child – neighbours help the parents – short circuit – great damage – but no loss of life

4. Fill in the blanks by choosing the most appropriate option given below: 1x4=4

Some people are lucky enough never (a) \_\_\_\_\_ fall sick, but most of us have to go to a doctor occasionally (b) \_\_\_\_\_ treatment and examination. Except (c) \_\_\_\_\_ emergencies, it is customary to make an appointment before arriving (d) \_\_\_\_\_ a doctor's office.

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|-------------|------------|-------------|-------------|
| a) (i) of   | (ii) to    | (iii) among | (iv) in     |
| b) (i) into | (ii) with  | (iii) to    | (iv) for    |
| c) (i) in   | (ii) after | (iii) while | (iv) before |
| d) (i) at   | (ii) of    | (iii) for   | (iv) in     |

5. Look at the words and phrases below. Rearrange them to form meaningful sentences. The first one has been done as an example. 1x2=2

Eg: is it / that / attracts / so many / to it / about prayers / people / what  
what is it about prayers that attracts so many people to it?

- a) offer / peace / of hope / and / of mind / a lot / prayers.
- b) anything / the faith / they give/ to believe / can / that / happen / you

### **SECTION C (LITERATURE-15 marks)**

6. Read the following extract and answer the questions that follow: 1x2=2

Said the frog: "I tried to teach her,  
But she was a stupid creature-  
Far too nervous, far too tense.  
Far too prone to influence...'

- a) Who was stupid?
- b) What happened to her? Why?

7. Answer the following questions in about 30-40 words 2x2=4

- a) The two boys from Verona do not disclose their problems to the narrator. What light does it throw on their character?
- b) The Post Master could not relate to Ali till he himself went through the same pain. Justify the statement.

8. You are Mrs. Slater. You are exposed after your father wakes up from his 'death'. Write a diary entry expressing your shock and embarrassment in about 80-100 words. 1x4=4

### **Section D (1x 5=5)**

9. " Through her painstaking efforts and employment of innovative methods, Ms Anne Sullivan drew Helen Keller out of her shell and helped her optimize her potential." Bring out the truth of the statement in about 125-150 words.

OR

"Nature wages open war against her children and under softest touch hides treacherous claws." Briefly explain the terrifying experience which Helen Keller is alluding to. (125-150 words)